

Women naturists are active in London

It is great to see more women naturists getting involved in naturist activities in London. Emma and Paula are providing opportunities through [Socks Off](#) for naturist women to meet and plan small group activities. On 12 July the weekly central London Sunday naturist swim was part of a social meet-up day co-ordinated through Socks Off. This lunch-time swim is organised by Naturist London in Malet Street www.naturist.london/4SundaySwim. More naturist women meet-up events are planned by Emma and Paula, including regular women group visits to the London Naturist Swim.

At Hampstead Heath, even though major works are taking place nearby, Carlie and Paula are arranging naturist visits to the Ladies Pond. Women naturists who would like advance information about these Hampstead Heath visits should first contact me via john.paine@naturistactiongroup.org. The visits are part of the NAG *Hampstead Heath Naturism project*, which NAG supporters will already be familiar with.

More activities for women naturist

It was pleasing to see hundreds of women taking part in the London WNBR on 13 June. Many were participating in their first public nudity event and the majority of women took full advantage of the 'dare as you bare' policy. Organised by a very small collective you can find details of the London ride at www.worldnakedbikeride.org/uk. You may be aware that two members of the collective, Kiran and Natasha, are prominent women naturists.

Of course, many other WNBR rides now take place in the UK to promote safety for cyclists and reduce dependency on oil. Happily there are a growing number of women taking part. In fact an ever-growing number of UK naturist events now provide opportunities for women naturists throughout the year.

No doubt you will also probably be aware that Judith Stinchcombe, BN Chairperson, recently initiated a year of British Naturism focussing on encouraging more women into naturism. This has already yield very positive results around the UK, and there are many months still to go!

Getting the real facts

As a NAG supporter you will be aware of the NAG *Casual Naturism Survey*. This Survey enables naturists to provide factual information about the reaction of members of the public to their open air naturism. It is collected in a special NAG database. Whilst the majority of the reports received to date are from many places elsewhere in the UK some are of naturism in London locations. We would be happy to receive YOUR report via the Survey form accessed through this website.

The NAG database will aim to provide authentic information to counter claims in legal situations that 'people are alarmed and distressed by nude bodies'. The Survey report form can be accessed through the NAG website and completed online, or a copy can be downloaded and printed. It is quick and easy to fill in. Fuller details are available elsewhere in this website.

Naturist space in London

Two London initiatives could lead to more naturist opportunities in the UK's capital city. A number of NAG supporters have participated in the development of the London National City Park concept greaterlondonnationalpark.org.uk/. Several of us were at the 14 July 2015 *Let's make Greater London a National Park City!* event. Since November 2014 NAG

has been putting the case for open air naturism to be recognised as a healthy recreational activity. Ray Ward is now keeping an eye on that initiative for NAG, and we will keep you updated.

The second NAG initiative on open air naturism in London is *The London Question*. Sixty supporters suggested possible locations in the first phase, which ran from October 2010. We have already checked out central areas and are now looking all other Greater London boroughs. NAG has some guidelines and a briefing paper for this, details are elsewhere on this website.

The concept is simple: volunteers contact us to be put in touch with other nearby NAG supporters. As the NAG project co-ordinator I then arrange a meeting for them at a convenient London place. At the meeting a briefing is given on how to use the NAG guidelines in the local situation.

Volunteers, male and female, with local knowledge can then decide where to actually check, as a possible open space naturism location. The NAG project provides ongoing support to the local volunteers. With their help it is likely that far more suitable green spaces within Greater London will be found.

You will notice that these two London initiatives fit neatly together. To find out about being a volunteer for this easy task please contact me at john.paine@naturistactiongroup.org.

It is pleasing to see how many naturists have responded to our various requests to be involved in NAG initiatives. Without willing volunteers the numerous NAG projects just would not happen!

John Paine July 2015